

**Regulations of the August Marathon  
a World Inline Cup series event  
Grand Prix of the World Inline Cup WSSA series (Freestyle)  
Gdańsk; 27-28 August, 2010**

**1. Aims of the event**

1.1 The August Marathon's aims are:

- a. promotion of the city of Gdańsk in Poland and Europe,
- b. the August Marathon reaching within 2 years the TOP category within the World Inline Cup competitions organised by the International Federation of Roller Sports,
- c. emergence of best competitors within the World Inline Cup and Poland Championship,
- d. popularization of roller skating among Polish citizens,
- e. promotion of healthy lifestyle,
- f. promotion of physical activity as a means of overweight prevention,
- g. alcohol abuse prevention,
- h. promotion of physical activity as a family event and activation of physically inactive persons, regardless of their age,
- i. celebration of the 30<sup>th</sup> Anniversary of the August Agreements.

**2. Organizers**

2.1. The August Marathon is organised by:

- a. **Stowarzyszenie Kultury Fizycznej Twister Trójmiasto**, SKF Twister Trójmiasto; (Twister Tricity Physical Education Society), located in Gdańsk, Al. Zwycięstwa 51.

**Contact:**

**mobile phone: +48 601303011**

**stationary phone: +48 58 5558200**

**fax: +48 58 5558202**

**official website: [www.maratonsierpniowy.pl](http://www.maratonsierpniowy.pl)**

**e-mail: [biuro@maratonsierpniowy.pl](mailto:biuro@maratonsierpniowy.pl)**

- b. The August Marathon is co-organised by **Polski Związek Sportów Wrotkarskich** (PZSW; The Polish Skating Sports Union), located in Warsaw, ul. Inspektowa 1, room 109.

Organising costs of the August Marathon are covered by the Organizer, the co-organizer, sponsors and partners.

**3. Dates and place of the competitions**

3.1 The competitions will be held on the following dates:

**27 August, 2010** (Friday)

5.00 p.m. - 10.00 p.m. – Freestyle - Battle - elimination and final

**28 August, 2010** (Saturday)

10.00 a.m. – the main World Inline Cup race

10.15 a.m. – Freestyle competition final (held in Plac Zebrań Ludowych)

3.2. The main part of the competitions will take place on 28 August, 2010 (Saturday) in the streets of the city of Gdańsk, on a marked circuit that will be temporarily closed to vehicular traffic. Crossing the circuit by cars and pedestrians will be controlled by the Police, Municipal Guard and the Organizer's security services.

3.3. Start and finish line – Aleja Zwycięstwa, by Plac Zebrań Ludowych.

3.4. Circuit length: 21 000 m – the route is attested by PZSW.

3.5. The marathon and the half-marathon start at 10.00 a.m. The Freestyle competition starts at 10.15 a.m.

#### **4. August Marathon officials**

4.1. The Main Judge of the August Marathon is the International Judge Mrs Agnieszka Ziemczonek.

4.2. The Director of the August Marathon is Mr Leszek Paszkowski.

#### **5. The Marathon office / Registration / Registration fee**

5.1. Competitions' Office

a. The Office of the August Marathon Organizer is located in Sopot, ul. Rzemieślnicza 33 (postal code 81-855) (STBU company's office), open Monday to Friday from 8.00 a.m. to 4.00 p.m., tel. +48 58 555 82 00, fax. +48 58 555 82 02, e-mail: [biuro@maratonsierpniowy.pl](mailto:biuro@maratonsierpniowy.pl). The Office will function at the above abode until 26 August, 2010.

b. On 27-28 August, 2010 the Organizer's Office will be located in Plac Zebrań Ludowych in Gdańsk (the start and finish area of the races), e-mail: [biuro@maratonsierpniowy.pl](mailto:biuro@maratonsierpniowy.pl); working hours:

27 August – from 3 p.m. to 10 p.m.

28 August – from 7 a.m. to 9 a.m.

5.2. Registration

a. Registration is open through the website <http://www.maratonsierpniowy.pl>, by filling in an online registration form, or at the Organizer's Office by handing in a completed registration form (printout from the Marathon official website), also available at the Office (photocopies are allowed).

b. Registration is completed once the registration form is received by the Organizer and the registration fee is transferred to the Organizer's bank account. The registration fees are determined in the Marathon Regulations, point 5.7. Once paid the fee will not be returned. The Organizer will not be held responsible for registration forms and

postal orders/bank transfers lost by a post office or bank. The title field of the bank transfer/postal order should contain the name and surname of the competitor.

- c. Upon completing the registration and covering the registration fee every competitor will be given a start number.
  - d. Appearance of the start number next to the competitor's name on the start list posted on the Marathon website is proof of the registration fee payment.
- 5.3. Registration deadline is 29 August, 2010, 9.00 a.m.
- 5.4. Verification of the competitors and issuing of start numbers, gifts and Marathon materials will take place in the Organizer's Office during its working hours.
- 5.5. Every competitor should report at the Organizer's Office in order to confirm his/her start in a race and receive a start packet.
- 5.6. Children registration for children's competition held in Plac Zebrań Ludowych will take place on site.
- 5.7 The registration fees are:

Date of payment	Cadets	Other competitors: marathon, half-marathon	Grand Prix of WIC WSSA series (Freestyle)
before 31.07.2010	30,00 PLN	65,00 PLN	30,00 PLN
after 31.07.2010	50,00 PLN	80,00 PLN	50,00 PLN
payment at the Organizer's Office	100,00 PLN	100,00 PLN	100,00 PLN

Teams registered as competitors of the World Inline Cup (WIC) are exempt from the registration fee.

Children participating in the races held in Plac Zebrań Ludowych are exempt from the registration fee.

5.8 Domestic transfers

- a. **Before/on 26 August, 2010** the registration fee should be transferred to the bank account of: SKF Twister Trójmiasto, Bank Millenium 46 1160 2202 0000 0001 2606 9324.
- b. **On 27-28 August, 2010** the registration fee will only be accepted at the Organizer's Office.

5.9. International transfers

- a. The registration fee should be transferred to the bank account of: SKF Twister Trójmiasto, Bank Millenium 46 1160 2202 0000 0001 2606 9324.

IBAN : PL 46 1160 2202 0000 0001 2606 9324

SWIFT CODE: BIGBPLPW or BIGBPLPW xxx

- 5.10. During competitors' verification at the Organizer's Office the athletes will be required to personally sign a declaration stating that they participate in the Marathon at their own risk.
- 5.11. Competitors with a valid PZSW licence will be admitted to the race on the basis of this licence.
- 5.12. In exceptional cases requiring medical examination the doctor's decision, made both before and during the race, is final.
- 5.13. The registration fee covers:
  - a. 2 start numbers + safety pins,
  - b. a microchip – to be returned (does not apply to Freestyle competitors)
  - c. start information packet,
  - d. a bag for clothes in the locker room,
  - e. drinks during the race and on the finish,
  - f. gifts funded by sponsors,
  - g. jury service,
  - h. medical care,
  - i. service at the Organizer's Office,
  - j. locker room service

## **6. Time measurement**

- 6.1. Time measurement will be done in the Champion Chip Technology – the official time is the net time.
- 6.2. During verification at the Organizer's Office each competitor will receive a microchip – to be returned to the Organizer (does not apply to Freestyle competitors); the microchips will not be sent by post.
- 6.3. Holding the microchip is essential to start the marathon and the half-marathon and to be ranked in the final report of the competitions.
- 6.4. The chip should be fastened to a shoe on either leg. Incorrect fastening may lead to the competitor's omission from ranking.
- 6.5. The chips are to be returned after the race.
- 6.6. In order to determine the order of competitors crossing the finish line, the photo-finish system will be applied.
- 6.7. The determination of athletes' ranking occurs when the first wheel of a skate crosses the finish line. The first skate touching the ground with at least one wheel shall be considered.
- 6.8. If the skate of an athlete is not touching the ground with any wheel, ranking shall be determined by the first wheel of the second skate crossing the finish line.
- 6.9. 3 judges will be responsible for the verification of the good finishing development.

- 6.10. The competitors who drop out of the race or who become eliminated shall be ranked in the same order as the appointed finishing judge noticed them in the moment of their dropping out.
- 6.11. Unless an athlete who drops out of the race asks a judge for ranking, he/she will not be ranked and the name will not be included in the final ranking of the competitions.
- 6.12. Men and women are ranked separately.

**7. Ranking and prizes**

- 7.1. The following ranking will be made during the August Marathon:
  - a. World Inline Cup – women and men over the distance of 42 000 m
  - b. Women's and Men's Poland Championship over the distance of 42 000 m
  - c. Junior's Poland Championship over the distance of 42 000 m
  - d. Cadet's Poland Championship over the distance of 21 000 m
  - e. Age categories of women and men (based on the year of birth)
- 7.2. The financial prize pool is 10 000 USD. Only competitors registered for the WIC are entitled to receive prize money.
- 7.3. 7 best men athletes in the senior category and 5 best women athletes in the senior category will receive prize money, as stated below:

	PRIZE 60%	PRIZE 40%
PLACE	MEN	WOMEN
1.	35%	40%
2.	25%	30%
3.	15%	15%
4.	10%	10%
5	8%	5 %
6.	5%	
7.	2%	

- a. Women's and men's Poland Championship category:
  - cups and non-financial prizes for places I- III
- b. Junior's Poland Championship:
  - cups and non-financial prizes for places I- III
- c. Cadet's Poland Championship (half-marathon):
  - cups and non-financial prizes for places I- III
- d. Women's 40-50 veterans category
  - cups for places I- III
- e. Men's 40-50 veterans category

- cups for places I- III
  - f. Women's 50-60 veterans category
    - cups for places I- III
  - g. Men's 50-60 veterans category
    - cups for places I- III
  - h. Women's +60 veterans category
    - cups for places I- III
  - i. Men's +60 veterans category
    - cups for places I- III
  - j. Women's half-marathon category (not ranked as a Poland Championship event)
    - cups for places I- III
  - k. Men's half-marathon category (not ranked as a Poland Championship event)
    - cups for places I- III
  - l. Grand Prix of WIC WSSA series – Freestyle competition
    - cups for places I- III
- 7.4. The prizes in women's and men's age categories will be awarded to persons ranked according to the net time.
- 7.5. Income tax will be deducted from the financial prizes in compliance with the law.
- 7.6. All the competitors who finish the race will be awarded commemorative medals.
- 7.7. All the children participating in accompanying races will be awarded commemorative medals.
- 7.8. For all the participants a prize draw will be held.

## **8. Technical regulations**

- 8.1. The competitions are open. Competitors of both Polish and foreign nationality are admitted to the start. In a separate ranking of Poland Championship in the marathon and half-marathon distances, competitors with a valid PZWS licence are admitted to the half-marathon (cadets only).
- 8.2. The time limit for the main race – the marathon, as well as for the half-marathon is 2 hours 45 minutes.
- 8.3. Those persons who do not complete the marathon distance within the given time limit, and those who wish to cover a shorter distance, may participate in the half-marathon race, which will be held together with the marathon race (the competitors finish after running 1 lap). The competitors start together (in accordance with the division into sectors discussed in point 8.4).
- 8.4. Competitors should take their place at the start line in the following order:
- a. SECTOR I – men teams and individual men athletes with WIC licences
  - b. SECTOR II – women teams and individual women athletes with WIC licences

- c. SECTOR III – other men athletes
- d. SECTOR IV – other women athletes

Men and women athletes start separately.

- 8.5. The route will be marked every 5 kilometres.
- 8.6. Within the competitions, the following races will take place:
  - a. the marathon over a distance of 42 000 m – all the competitors who, in the registration form, declared their participation in this race, including seniors (born in 1992 and earlier) and juniors (born 1993/1994) with valid PZSW licences,
  - b. the half-marathon over a distance of 21 000 m – all the competitors who, in the registration form, declared their participation in this race, including cadets (born 1995/1996) with valid PZSW licences.
- 8.7. During the race, all competitors are obliged to wear their start numbers (at least 2 pieces) attached to:
  - a. the shorts' right leg (1 piece),
  - b. the back (1 piece),as illustrated on the Marathon website and in the Organizer's Office in Plac Zebrań Ludowych.
- 8.8. Each competitor taking part in the August Marathon has to be verified in the Organizer's Office on 27-28 August, 2010. To be verified, the competitors have to present their ID or passport and the registration fee payment receipt.
- 8.9. In order to be admitted to the August Marathon one has to be over 18 years of age on the day of 28 August, 2010, and competitors of the junior and cadet categories have to possess a valid PZSW licence.
- 8.10. Underage persons without a PZSW licence can participate only with their parent's or legal guardian's written consent. Seniors with a valid PZSW licence, who have not reached 18 years of age on the day of the competition, do not need such a consent.
- 8.11. The course of the race along the whole route will be monitored by judges delegated by PZWS. The judges will cover the route on motorbikes/ scooters/ by cars.
- 8.12. Checkpoints operated in the Champion Chip Technology will be located along the race route. The checkpoints' staff will register the start numbers of any competitors who take shortcuts. Those competitors will be disqualified.
- 8.13. The marathon route will be closed to vehicular traffic until 12.45 p.m. Competitors who will not complete the route until that time are obliged to stop the race and get to the finish line by a bus signed "Koniec Maratonu" (end of the Marathon).
- 8.14. Refreshment points will be located at two sites along the route. There will be drinks provided by the organizer.
- 8.15. During the race all competitors must have their microchip fastened to either leg at ankle height (shoe lace) (this does not apply to Freestyle competitors). Placing the microchip elsewhere may lead to disqualification. Omission of a racer during time measurement, and thus omission from the ranking list due to a misplaced chip shall not be base for protest.
- 8.16. Competitors may enter the races individually or in international (sponsored), national or club teams.

- 8.17. Racers must wear a uniform that is suitable for the marathon. Those who are not correctly equipped can be excluded from the race. Members of the same team shall wear the same uniform.
- 8.18. World Champion titleholders are permitted to wear «rainbow» uniforms. The team's sponsors can be displayed on the uniform. The uniform jersey must be white coloured and displaying 5 «rainbow» strips on the chest. The current world ranking leader in each category shall receive a distinctive jersey with WIC colours. This jersey (produced by the teams) shall be of white colour with black logos. Teams are authorized to make jerseys displaying sponsors with black decorations.
- 8.19. All the competitors are obliged to wear protective helmets. Protective helmets need to be rigid and possess a homologation in compliance with international safety provisions. Helmets' length must not exceed 30 cm. They must be well fixed in order to guarantee good head protection at all times.
- 8.20. During the race, competitors must wear wrist protectors or gloves. Knee and elbow pads are also recommended.
- 8.21. For skates, a maximum of 6 wheels are permitted. The skate length including the wheels must not exceed 50 cm, and the frame cannot exceed the wheels. Clap skates used in compliance with WIC provisions are permitted.
- 8.22. During the race, competitors must neither push nor pull each other. Blocking another athlete by voluntarily changing one's trajectory, as well as using animals to pull an athlete, are also forbidden. The sanction is a written warning. Athlete's entering or attempting to enter in a pack, in a non-adapted way (arm push or grabbing), will be sanctioned.
- 8.23. No help can be given to another racer («train push» for sprint, «chasing push», push to get out of a pack).
- 8.24. In case of infringement of the above rules made with the aim of favouring the success of the same team, the enforced penalty will be applied to all the athletes in question. The sanction for help given during the race is a written warning (if the sanctioned conduct did not significantly change the race's outcome) or disqualification (if fault did obviously change the result of the race). These points are especially observed in the last part of the race.
- 8.25. During the race, video and audio communication means are allowed between the members of the same team - athletes, trainers, managers. All necessary precautions shall be taken while using these communication means - signposts, radios, walkie-talkie, etc. The devices used by the racers shall be suitably fixed; the judge may decide not to accept the use of means that represent an evident danger.
- 8.26. Athletes are permitted to use a heart rate meter device. Receptor devices can be worn at the wrist. The judge may reject the use of telemetry devices that represent an evident danger for the athlete or for other racers.
- 8.27. In order to guarantee a fair competition, women are not allowed to participate in men's competitions and are not allowed to run immediately behind men. In case one or several women athletes catch up to men athletes, men shall be considered as lapped and must stay behind the women who lapped them. Men athletes are neither allowed to place themselves inside of a group of women, nor can they damage or help women athletes. In case of breach of this provision, the enforced penalty shall be the disqualification of the involved athletes and their immediate exclusion from the race.

- 8.28. When athletes are lapped by another racer or by a group of racers, the «leaders' precedence rule» shall be enforced. They shall step aside on the right of the road and allow the passage of the athletes who are lapping them. Lapped athletes shall always position behind those who lapped them. In case of breach of this rule, the enforced penalty shall be the disqualification of the involved athletes and their immediate exclusion from the race.
- 8.29. Registration fee, transport, accommodation, and other costs are covered by the competitors or delegating organizations.
- 8.30. During the race, nullification of the race can be ordered by the referee only. Any race-stop deriving from a case of «force majeure» (exceptional weather conditions, impracticable road, public demonstration) shall be considered as nullification. After the interruption, only the athletes who were present at the moment of the marathon interruption shall be allowed to resume the race. The athletes who abandoned the race or the disqualified ones are excluded. In case of nullification, the gaps between the groups shall be respected in case of a new start. The new start shall be given in the place of the nullification or in another place of the circuit which is as close as possible to the nullification one. In case of brakes, the time shall be calculated by a member of the jury and hence the group shall respect the same time before resuming the race.
- 8.31. No complaints will be accepted from skaters who consider themselves wronged by the nullification.
- 8.32. Locker rooms will be located near the races' finishing area (Plac Zebrań Ludowych). Competitors should hand in their belongings put inside bags marked with their start numbers until 9.30 a.m. Valuables (documents, money, keys) will not be accepted to keep in the locker room. The bags will be returned upon presenting the start number. If a competitor loses his/her start number, the Organizer shall not be held responsible for the bag being collected by another person. The Organizer shall not be held responsible for belongings left outside the locker room.
- 8.32. Upon completing the race competitors will be given drinks on the finish line. The competitions will be carried out in compliance with the World Inline Cup competition rules, taking into consideration the PZSW rules and the Long-Distance Poland Championship regulations.
- 8.32.1 The Grand Prix of WIC WSSA series (Freestyle) will be carried out in compliance with the WSSA rules.
- 8.33 The Organizer does not provide accommodation. Contact information for facilities recommended by the Organizer can be found on the Marathon website. Using other facilities within one's capacity is also possible.
- 8.34 All Marathon racers can enjoy free massage service in Plac Zebrań Ludowych.

## **9. Disqualification**

- 9.1. The Organizer has the right to remove (and thus disqualify) a competitor from the race in cases described in point 8, as well as in case of:
- a. a competitor's inability to continue the race (the decision is made by the medical personnel),
  - b. surpassing the time limit,

- c. damaging, covering or inappropriate use of the start number,
- d. handing over one's start number or microchip to another person,
- e. omission of even a fragment of the race course or covering it in a way different than what was permitted by the Organizer,
- f. a racer's absence at a checkpoint or no time measurement at a time measurement point,
- g. breach of safety provisions,
- h. breach of fair-play rules and the rules described herein,
- i. not following the referee's or Organizer's instructions,
- j. entrance on the race course of unauthorized person(s) from the athlete's team (e.g., bicycle escort).

## **10. Protests**

- 10.1. A complaint against a decision made by the jury shall be presented to the attention of the Main Judge and the Marathon Director.
- 10.2. The complaint shall be produced to the referee within 15 minutes following the official communication of the order of arrival. The protest form shall be filled in completely, and accompanied by a deposit of 300 PLN. This deposit will be reimbursed only in case of complaint recognition.
- 10.3. The written complaint shall be produced to the referee by an athlete's representative. While the jury is treating the protest, the team manager as well as the team skaters must stay near the jury office. The Main Judge's decision is final and conclusive.
- 10.4. The protest form is available at the Organizer's Office.

## **11. Accompanying events**

- 11.1. Within the bounds of the competitions, on 28 August, 2010 before, during and after the main competitions, the following accompanying events will be organized:
  - a. children skating races in Plac Zebrań Ludowych,
  - b. skating races in special categories, e.g. for journalists, VIPs, officials,
  - c. a demonstration roller hockey tournament,
  - d. a skating fair,
  - e. photo exhibition commemorating the 30<sup>th</sup> Anniversary of August Agreements,
  - f. presentation of the projects for the building of Centrum Sportów Wrotkarskich (Centre for Roller Sports) in Gdańsk,
  - g. other accompanying events prepared in cooperation with the Organizer.
- 11.2. The programme of the accompanying events held in Plac Zebrań Ludowych on the day of the main race may be modified.
- 11.3. On 29 August, 2010 a downhill ride along Słowackiego Street in Gdańsk will be organised. The competition starts at 9.00 a.m.

- 11.4. The downhill ride organizer is: **Miejski Ośrodek Sportu i Rekreacji w Gdańsku** (MOSiR; Sports and Recreation Municipal Centre in Gdańsk) located in Gdańsk, ul. Traugutta 29 ([www.mosir.gda.pl](http://www.mosir.gda.pl)).
- 11.5. The downhill ride organizer will provide non-financial prizes for the winners.
- 11.6. Persons who want to participate in the downhill competition on 29 August, 2010 should tick the appropriate field in the registration form for the August Marathon

## **12. Final remarks**

- 12.1. During the race all the competitors should follow the instructions of people responsible for security, judges, technical service personnel, and people acting on behalf of the Organizer.
- 12.2. The Organizer does not provide insurance against accidents, thus the competitors must have individual insurance against accidents and health insurance.
- 12.3. The right to interpret these regulations is reserved for the Director and the Main Judge of the August Marathon.
- 12.4. The Organizer assumes that every competitor has read the regulations and agrees to follow them.
- 12.5. The competitors allow for processing of their personal details for the purposes of the August Marathon and for publishing their image on films and photos taken during the Marathon.
- 12.6. The Organizer provides medical care on the race course and near the finish line of the marathon.

### **Director of the Marathon**

Leszek Paszkowski

### **General Race Marshal**

Agnieszka Ziemczonek

### **PZSW**

Secretary General

Bartosz Pisarek

Gdańsk,2010-01-28